

August  
2014

# Belton News

## Defibrillator

For those of you who were unable to attend the meeting in the Village Hall regarding the manner in which the defibrillator should be used you will find further details in our next newsletter and on line [www.beltoninrutland.co.uk](http://www.beltoninrutland.co.uk)

New bus timetables and much more can be found on our website

[www.beltoninrutland.co.uk](http://www.beltoninrutland.co.uk)

## Would you like

to voluntarily prepare, produce and print the newsletter. Technically all that is required is a publisher programme and connection to the internet; consideration and a flair for pulling everything together including chasing people for their copy. Once printed, and at times collected from Wigston it is folded and divided and delivered to the wonderful villagers who distribute it. Contact Jan on 717623

## Commemoration of the commencement of WW1

On a bright sunny and somewhat lazy Sunday afternoon 3<sup>rd</sup> August with swallows sweeping overhead from a great height to pass at speed over the rooftops of the farming village of Belton, the villagers gathered at St Peter's Church to commemorate the commencement of World War One on a similar, possibly sunny day in 1914 and honour those who had fought and especially those who died. Today, the day for which Jeff & Paul Pilkington-Birch, Brian Shuttleworth and Eileen & John Hill had worked so very hard to create a dignified 'thank you' from the villagers who were now arriving to be greeted at the porch of St Peters by Brian and Marilyn Shuttleworth with poppies.

What followed was an inspirational presentation depicting those times with slides; music and song; narration; poems and obituaries honouring those from Belton who lost their lives in the service of their country. The day was carefully prepared with a rehearsal on Friday night to ensure everything was planned for the smooth running of the event. And smooth it was.

Those who were reading took their seats to the right of the church where Paul orchestrated the timing for each reader to approach the lectern while Jeff drove the slides and music from behind the scenes. All who read were privileged to be chosen and did so with great dignity and respect. They included the narrators Brian Carmichael; Brian Shuttleworth; Audrey Walker; Kathleen Angel; Owen Williams and Karl Lawton with poetry and readings from Gail and Amelia Williams; William Luke; Ben Lawton and Win Griffiths. The obituaries were read by Michael Wadd, Rupert Browett, Philip Walker, Bob Allen, Bob Atkinson, Peter Shelton, Jan Clayton-Warren and Harry Watts with Phillip Angel in reserve.

And everything concluded with a wonderful and informative presentation from the Rector Rachel Watts remembering those from the clergy who signed up and acquitted themselves with both bravery and distinction. All joined in the singing and the day finished with the Last Post.

For those of us who were there I have no doubt the memory will remain with us and for those who were unable to be there I believe this is just the start of the commemorations honouring the loss, not just for those from Belton but from the entire UK. There is a book of commemoration in the Church which anyone is welcome to sign if they know of someone close, or with whom they have an acquaintance who served at that time.

We will remember them.

## Vandals in our midst

Unfortunately, anti-social behaviour, minor crime and vandalism are commonplace these days in many parts of the UK, mainly in towns and cities. We do not expect such behaviour in a small rural village like Belton, where residents tend to know and help each other. Let's face it, it's one of the reasons why most of us wish to live here.

Well, I'm sorry to say that Belton is no longer that social idyll. In early June this year, the Parish Council purchased the materials to renovate the summerhouse in the Secret Garden, which had fallen into a poor state of repair. Three Belton residents spent a week, much of the time enduring heavy rain, replacing rotten timbers, fitting a new roof, laying new felt and painting it inside and out with preservative. One morning when they arrived to resume work, they discovered that sometime during the previous evening someone had gone into the summerhouse and kicked in one of the interior wooden panels leaving a large hole in it. It was not thought at the time that someone living in Belton would have carried out such a mindless act of vandalism, but more likely a visitor. The panel was repaired.

A couple of weeks ago one of the three who had carried out the work, discovered that two more interior panels had been kicked in, in an almost identical fashion to the first time. This would suggest that the same person or persons carried out this act of vandalism and lives in Belton.

If you have any information as to who is responsible, the Parish Council would very much like to hear from you. You can ring the Parish Clerk on 717623 or contact any of the Parish Councillors. All information will be treated in the strictest confidence.

## St. Peter's Church Belton with Wardley



### Commemoration of the First World War

We would like to express our sincere thanks to everyone who helped with this event, and especially to Jeff and Paul Pilkington-Birch who wrote and directed the presentation. Donations of £322.60 were divided equally between St. Peter's church, and the Royal British Legion.

### Rounders Challenge Match

This year's annual Rounders Challenge Match against Uppingham, is being held on Sunday 7<sup>th</sup> September, starting at 2:30 pm, in the grounds of Belton House. Light refreshments will be available, for a small charge of £3, (*children under five free*). There will be a raffle, and all proceeds will go to St. Peter's church. Do come and support our team.

There will be a Treasure Hunt within the grounds of Belton House, which has been planned for the younger members of the benefice, by Miss Jennings.

### Harvest Thanksgiving

Our Harvest Festival will be at 10:30 am, on Sunday 21<sup>st</sup> September, replacing the Family service usually held at that time.

Harvest Lunch will be served in the church, following the festival service. As space is limited, you are invited to obtain a ticket from a churchwarden or a member of the PCC. The main course will be provided, as will soft drinks, but please bring a pudding or cheese & biscuits to share, and feel free to bring your own favourite tipples to have with your meal.

*John Hill*

## Optimum Health, getting rid of more badness - part 2.

**Homocysteine** can build up in the body and if test results show anything above 9 on the scale there is a risk of developing a variety of health defects for example heart disease, dementia, asthma, headaches, strokes, bowel disease, cancer, and many more.

High levels of homocysteine can easily be corrected, as the build up is usually due to a lack of one or several of a group of vitamins and minerals.

The test costs £110 and is available from Therapy with Food - 0787 659 4349 or email [info@therapywithfood.co.uk](mailto:info@therapywithfood.co.uk)

## Auction of Promises in aid of St. Peters Church, Belton-in-Rutland

Saturday 15th November 2014. 7pm for 7.30pm prompt start.

We are raising money to support our lovely national monument-our church..

We are very lucky to have such a treasure in our village and it is up to us villagers to help with its up keep.

We need items/promises for the auction - at least 60 lots to make it successful.

Please get your creative thinking caps on to help make this event fun and worthwhile.

Please contact Linda 717271, Jane 717022, Jenny 717622, Tricia 717227.

by 20th October 2014, with your donation towards the auction.

An Auction of promises was last held 11 years ago and £3525 was raised. Can we beat that!!!!

Linda Deadman

## Dates for forthcoming films to be shown by Belton Cinema Club

Friday 19th September

Friday 24th October

Friday 21st November



# NOTICE BOARD

## Village Hall 100 Club

If you haven't already paid for your number(s) for 2014/15 please do so by BACs transfer to HSBC Belton Village Hall 100 Club Sort Code 40 45 03 Account Number 61018574. Or cheque/cash to Trish at the Sun or Jane Cronin at Brookfield on Littleworth Lane. This is the last year that Jane will be organising the 100 Club including the draws. The Village Hall Committee are looking for someone to fill Jane's shoes. It is not an arduous thing to take on except if people forget to subscribe or communicate a change in wishes in which case it is necessary to chase up; however, mercifully, this is only once a year! If you would like to know more please contact Jane on 717760 or Trish on 717227. As with so many things that are accomplished by so few people in the village; if no one wishes to take it over it will simply cease to exist and in this instance the 100 club provides vital funding for the Village Hall.

The results for June and July are:

June:



- 1st Celia Bloor
- 2nd Mrs B Smith
- 3rd Derek Bradshaw

July:

- 1st Mr & Mrs Carmichael
- 2nd Mr & Mrs Sumner
- 3rd Claire Farmer

The defibrillator will be fitted in the church porch in a locked cabinet. It is being fitted on Tuesday of next week—26th August. It should be fully operational within a few days of fitting. In any emergency that requires the defibrillator be sure to cut through and remove any metal necklaces (use scissors provided) as they will interfere with the operation of the defibrillator.

**If someone collapses, follow these instructions**

D		<b>DANGER</b>	<p><b>Ensure the scene is SAFE</b> For yourself and others. If it is not safe or you are uncertain call 999 and wait for help to arrive.</p>
R		<b>RESPONSE</b>	<p><b>Check response by TALK &amp; TOUCH</b> Speak to the casualty in both ears, firmly shake their shoulders.</p>
S		<b>SHOUT</b>	<p><b>SHOUT for HELP</b> If the casualty does not respond, SHOUT for help. Do not leave them at this stage. Dial 999 now!</p>
A		<b>AIRWAY</b>	<p><b>Ensure the airway is OPEN &amp; CLEAR</b> Open the airway by tilting the casualty's chin and tilting their head back. Do not put your fingers in the casualty's mouth, you may push an obstruction further down.</p>
B		<b>BREATHING</b>	<p><b>LOOK, LISTEN &amp; FEEL for normal breathing</b> Keep the head tilted back and listen for breathing. Look to see if the chest is moving. If the casualty is not breathing normally or you have any doubt, call 999.</p>
C		<b>COMPRESSIONS</b>	<p><b>If not breathing normally start compressions</b> Place your hands in centre of the casualty's chest and press down hard. Give 30 compressions then 2 breaths. Repeat this cycle of compressions and breaths. Press 2x per second.</p>
D		<b>DEFIBRILLATION</b>	<p><b>Get someone to fetch a Defibrillator</b> Get your nearest community defibrillator, attach the electrodes (pads) and follow the audio instructions from the machine.</p>

**ADDITIONAL COMPRESSION/BREATHING INFORMATION**

- ♥ Give 30 compressions at a rate of 100-120 per minute and then give 2 breaths.
- ♥ Repeat 30 compressions and 2 breaths sequence.
- ♥ If you are unable or unwilling to give rescue breaths just do the compressions continuously.
- ♥ Continue until help arrives, you are too tired to continue, or the casualty starts breathing normally again.


**FOR AN ADULT** USE 2 HANDS & COMPRESS 5-6 cm  
**FOR A CHILD** USE 1 HAND & COMPRESS 1/3 CHEST DEPTH  
**FOR AN INFANT** USE 2 FINGERS & COMPRESS 1/3 CHEST DEPTH



**Get it!**  
Get someone to fetch the defibrillator. The ambulance service will tell you the code to get into the cabinet.



**Cut off!**  
Use scissors to cut off clothing. Expose the casualty's chest.



**Tear open!**  
Open the defibrillator. Lift the pre connected package from the lid and tear it open along the dotted line. Take out the pads.



**Stick!**  
Attach the pads to bare skin as shown.



**Listen!**  
Follow the instructions the defibrillator gives you.




The Community Heartbeat Trust – the UK's community defibrillator charity – [www.communityheartbeat.org.uk](http://www.communityheartbeat.org.uk)